

## WHERE PEOPLE FEAST

AN INDIGENOUS PEOPLE'S COOKBOOK

BY DOLLY AND ANNIE WATTS

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Arsenal Pulp Press is delighted to bring you *Where People Feast*, an indigenous cookbook by Dolly and Annie Watts. Ambrosia for the hungry soul, the book focuses on west coast Native cuisine, which takes advantage of the area's abundant seafood, game, fruits, and vegetables—with ingredients both exotic (oolichans, venison, grouse) and common (salmon, crab, berries).

The food traditions of North America's indigenous peoples are centuries-old and endure to this day. Feasts that include a bounty of land and sea are the focal point of celebrations and ceremonies; for many, food is what connects them to family, community, and the afterlife.

Dolly and Annie are from the Git'ksan First Nation in British Columbia, and were the proprietors of the Liliget Feast House in Vancouver, the only First Nations fine dining establishment of its kind, whose numerous accolades included a four-star "recommended" rating from *The New York Times*.

Annie received her Culinary Arts Degree in 1980 and for almost two decades, Dolly and Annie have focused on serving Native cuisine that is both traditional and modern; while many recipes are steeped in history, others are contemporary takes that acknowledge other cuisines both near and far.

The book includes 16 full-colour photographs, and 120 delectable dishes that can be easily replicated by chefs at home; the authors also offer plenty of handy suggestions and substitution ideas. For Dolly and Annie, *Where People Feast* is the culmination of a lifetime's work dedicated to introducing people to the extraordinary foods that are truly North American.

Recipes include Smoked Salmon Mousse, Indian Tacos, Venison Meatballs, Alder-Grilled Breast of Pheasant, Blackberry-Glazed Beets, Wild Rice Pancakes, Seaweed & Salmon Roe Soup, and Wild Blueberry Cobbler.